If the Structure and Written Expression Section was especially difficult, get a good reference grammar book and learn more about the grammar structures you got wrong on the practice test.

If the Reading Section was your problem, go through the practice test and identify the topics that gave you the most trouble. Then go to an English language library or bookstore to get books and/or magazines on the troublesome topics.

(2) Begin a program of extensive reading in English.

Read widely and about many different topics, including the topics given in the "Recurring TOEFL Topics and Related Vocabulary" section towards the back of the book. Begin collecting vocabulary words and expressions from the reading.

Note: You should do this even if you did not do poorly in the Reading Section.

(3) Go through half of the Power Lessons.

The Power Lessons can be done in any order: listening first, then grammar, then reading; or, alternatively, a student could do one listening lesson and three grammar lessons, followed by one reading lesson.

While doing the Power Lessons, you should continue reading extensively in English and building your vocabulary.

(4) Take Practice Test Two (after reviewing the "TOEFL Test-Taking Strategies" section of this book).

Use the answer key and the conversion chart at the back to give yourself a grade for each section as well as an overall grade for the test. Are your areas of weakness the same as after the first practice test? Hopefully, you are not making the same kinds of grammar errors. Determine the areas of weakness and devote additional time to these.

(5) Finish the Power Lessons.

Don't forget to continue doing additional reading and vocabulary building as you work through the Power Lessons.

(6) Take Practice Test Three (after reviewing the "TOEFL Test-Taking Strategies" section of this book).

Use the answer key and the conversion chart at the back to give yourself a grade for each section and an overall grade for the test. Again, identify your areas of weakness and continue working on them.

(7) Do the "Recurring TOEFL Topics and Related Vocabulary" section.

Make sure your outside reading covers these topics.